

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ian Van Der Walt

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2018 #4

held at Cowhouse Market.

TIME 02:03:59

PACE 04:15/km

OVERALL 2 of 7

GENDER 2 of 7

40 - 49 1 of 2

15 July 2018, Sun

Date



